



June

2016

13 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	14 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	15 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	16 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	17 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk
20 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	21 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	22 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat Free Milk	23 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat Free Milk	24 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat Free Milk
27 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	28 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	29 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	30 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	

**** Menu Subject to change***

**** ALL MEALS MUST BE EATEN ON SITE!!***

***Note: LOCAL FARM FRESH FRUITS AND VEGETABLES ARE ALWAYS USED IN OUR FOOD SERVICE PROGRAMS!!**

*** All meals contain the required 1 ounce grain, 1/2 cup fruit/fruit juice, and 1 cup milk**



June

2016

13 Peanut Butter & Jelly Sandwich Cucumber Sticks Fresh Mac Apple Bag of Doritos Fat Free Milk	14 Iron Man Turkey Ham & Cheese w/Lettuce on a Wheat Roll Celery Sticks Fresh Orange Fat Free Milk	15 Coldcut Combo Sub Ham/Salami/Bologna & Cheese w/Lettuce 4 oz 100% Fruit Juice Fresh Red Grapes Fat Free Milk	16 Italian Sandwich w/Pepperoni & Cheese w/Lettuce on a Soft Roll Box of Raisins Slice Fresh Watermelon Fat Free Milk	17 Turkey & Cheese Sandwich w/Lettuce on Wheat Bread Carrot Sticks Fresh Pear Rice Crispy Treat Fat Free Milk
20 Peanut Butter & Jelly Sandwich Celery Sticks Box of Raisins Bag of Doritos Fat Free Milk	21 Turkey Bologna & Cheese w/Lettuce on Wheat Bread Cucumber Sticks Straw. Applesauce Fat Free Milk	22 Marvels Chicken Caesar Wrap w/Lettuce 4 oz 100% Fruit Juice Fresh Red Grapes Fat Free Milk	23 Turkey & Cheese Sandwich w/Lettuce on Wheat Bread Carrot Sticks Fresh Orange Fat Free Milk	24 Italian Sandwich w/Pepperoni & Cheese w/Lettuce on a Soft Roll Cauliflower cups Fresh Banana Rice Crispy Treat Fat Free Milk
27 Spidey Peanut Butter & Jelly Sandwich Cucumber Sticks Fresh Red Delicious Apple Bag of Doritos Fat Free Milk	28 Turkey Ham & Cheese w/Lettuce on a Wheat Roll Celery Sticks Fresh Red Grapes Fat Free Milk	29 Coldcut Combo Sub Ham/Salami/Bologna & Cheese w/Lettuce 4oz 100% Fruit Juice Fresh Orange Fat Free Milk	30 Turkey Bologna & Cheese w/Lettuce on Wheat Bread Pepper Strips Fresh Banana Fat Free Milk	

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*Note: LOCAL FARM FRESH FRUITS AND VEGETABLES ARE ALWAYS USED IN OUR FOOD SERVICE PROGRAMS!!

* All meals contain the required 2oz meat, 1oz grain, 3/4 cup vegetable/fruit, and 1 cup milk



July

2016

			1 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	2 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk
4 Fourth of July! No Food Served Today!! Have Fun!!	5 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	6 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	7 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	8 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk
11 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	12 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	13 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	14 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	15 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk
18 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	19 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	20 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat Free Milk	21 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat Free Milk	22 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat Free Milk
25 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	26 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	27 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	28 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk	29 ES Foods Breakfast Break Kit 4 oz 100% Juice Fat free milk

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July

2016

				1 Turkey & Cheese w/Lettuce on Wheat Bread Carrot Sticks Box of Raisins Fat Free Milk
4 Fourth of July Holiday No Meals Served Today!! Enjoy and Be Safe	5 Turkey Ham & Cheese w/Lettuce on a Wheat Roll 4 oz 100% Fruit Juice Fresh Orange Fat Free Milk	6 Ranch Chicken & Cheese Wrap w/Lettuce Superhero Coleslaw cup Fresh Banana Bag of Ruffles Fat Free Milk	7 Turkey Bologna & Cheese w/Lettuce on Wheat Bread Pepper Strips Straw. Applesauce Fat Free Milk	8 Smoked Turkey & Cheese w/Lettuce on Wheat Bread Cauliflower cups Fresh Pear Rice Crispy Treat Fat Free Milk
11 Spidey Peanut Butter & Jelly Sandwich Carrot Sticks Fresh Grapes Bag of Doritos Fat Free Milk	12 Italian Sandwich w/Pepperoni & Cheese w/Lettuce on a Soft Roll Cucumber Sticks Fresh Cut Orange Fat Free Milk	13 Coldcut Combo Sub Ham/Salami/Bologna & Cheese w/Lettuce Box of Raisins Fresh Strawberries Fat Free Milk	14 Avengers Turkey Ham & Cheese w/Lettuce on Wheat Roll 4 oz 100% Fruit Juice Straw. Applesauce Fat Free Milk	15 Sliced Turkey & Cheese w/Lettuce on a Croissant Pepper Strips Fresh Mac Apple Rice Crispy Treat Fat Free Milk
18 Peanut Butter & Jelly Sandwich Cucumber Sticks Red Delicious Apple Bag of Ruffles Fat Free Milk	19 Turkey Ham & Cheese w/Lettuce on Wheat Roll Broccoli cup Fresh Orange Fat Free Milk	20 Marvels Chicken Caesar Wrap w/Lettuce Carrot Cranberry Salad Slice Fresh Watermelon Fat Free Milk	21 Turkey & Cheese Sandwich w/Lettuce on Wheat Bread 4 oz 100% Fruit Juice Fresh Banana Fat Free Milk	22 Salami & Cheese w/Lettuce on Hoagie Roll Carrot Sticks Fresh Pear Apple Turnover Fat Free Milk
25 Peanut Butter & Jelly Sandwich Celery Sticks Granny Smith Apple Bag of Doritos Fat Free Milk	26 Turkey Bologna & Cheese w/Lettuce on Wheat Bread 4 oz 100% Fruit Juice Fresh Grapes Fat Free Milk	27 Coldcut Combo Sub Ham/Salami/Bologna & Cheese w/Lettuce Carrot Sticks Straw. Applesauce Fat Free Milk	28 Iron Man Turkey Ham & Cheese w/Lettuce on Soft Wheat Roll Carrot Cranberry Salad Fresh Orange Fat Free Milk	29 Sliced Turkey & Cheese w/Lettuce on Wheat Bread Broccoli cups Fresh Banana Rice Crispy Treat Fat Free Milk

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* All meals contain the required 2oz meat, 1oz grain, 3/4 cup vegetable/fruit, and 1 cup milk



August

2016

1 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	2 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	3 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	4 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	5 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk
8 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	9 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	10 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	11 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	12 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk
15 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	16 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	17 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	18 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk	19 ES Foods Breakfast Break Kit 4oz 100% Juice Fat free milk

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*** All meals contain the required 1 ounce grain, 1/2 cup fruit/fruit juice, and 1 cup milk**



August

2016

1 Spidey Peanut Butter & Jelly Sandwich Cucumber Sticks Fresh Grapes Bag of Doritos Fat Free Milk	2 Turkey Bologna & Cheese w/Lettuce on Wheat Bread Pepper Strips Straw. Applesauce Fat Free Milk	3 Salami & Cheese w/Lettuce on Hoagie Roll Carrot Sticks Fresh Watermelon Slices Fat Free Milk	4 Italian Sandwich w/Pepperoni & Cheese w/Lettuce on a Soft Roll 4 oz 100% Fruit Juice Fresh Banana Fat Free Milk	5 Turkey & Cheese w/Lettuce on Wheat Bread Celery Sticks Box of Raisins Rice Crispy Treat Fat Free Milk
8 Peanut Butter & Jelly Sandwich Carrot Sticks Granny Smith Apple Bag of Doritos Fat Free Milk	9 Iron Man Turkey Ham & Cheese w/Lettuce on Soft Wheat Roll 4 oz 100% Fruit Juice Fresh Orange Fat Free Milk	10 Ranch Chicken & Cheese Wrap w/Lettuce Cucumber Sticks Fresh Grapes Fat Free Milk	11 Turkey Bologna & Cheese w/Lettuce on Wheat Bread Pepper Strips Straw. Applesauce Fat Free Milk	12 Smoked Turkey & Cheese w/Lettuce on Wheat Bread Cauliflower cups Fresh Pear Apple Turnover Fat Free Milk
15 Spidey Peanut Butter & Jelly Sandwich Carrot Sticks Fresh Grapes Bag of Doritos Fat Free Milk	16 Italian Sandwich w/Pepperoni & Cheese w/Lettuce on a Soft Roll Cucumber Sticks Fresh Cut Orange	17 Turkey Bologna & Cheese w/Lettuce on Wheat Bread Celery Sticks Fresh Banana Fat Free Milk	18 Turkey Ham & Cheese w/Lettuce on Wheat Roll 4 oz 100% Fruit Juice Straw. Applesauce Fat Free Milk	19 Avengers Turkey & Cheese Sandwich w/Lettuce Pepper Strips Fresh Mac Apple Rice Crispy Treat Fat Free Milk

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