

Claude Chester Camp

Session 6: July 29-August 2

Camp Hours: 8:00-3:00
Phone Number: 860-961-2511

<p>Yum! All About Eating Healthy</p>  <p>Everyday Bring: -Water -Snack -Lunch -Sneakers</p>	<p>Monday</p> <p>Let's Talk Fruit and Veggies!</p>  <p>Learn about yummy foods that help us stay healthy!</p> <p>Trip Alert: 7-12 year olds to East Lyme Beach 10:30-2:30</p>	<p>Tuesday</p> <p>Snack Attack</p>  <p>Join us for a snack trivia game to decide what's healthy and what's not!</p> <p>Trip Alert: 5-6 year olds to Esker Point Beach 12:30-2:30</p>	<p>Wednesday</p> <p>Get Moving!</p>  <p>We're having a physical fitness challenge!</p>	<p>Thursday</p> <p>Healthy Habits</p>  <p>We'll discuss healthy habits and way to keep your body strong!</p>	<p>Friday</p> <p>Best in Show!</p>  <p>We will be showing off our art work from the week! You may see apples or slices of pie... if only they were edible!</p>
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Wednesday DEADLINE for next week's camp registration.

Don't forget to sign-up for the remaining sessions NOW at: www.grotonrec.com

Upcoming Dates & Themes: Session 7: (8/5-8/9) Exploration Session 8: (8/12-8/16) Camp Classics