

Town of Groton Parks & Recreation Department
Indoor Volleyball League Fact Sheet

- Fees:** \$525 per team
- Registration:** Returning teams have until Sept. 8th to register. Open registration begins Sept 9th. Use normal program registration procedure.
- Rosters/Waiver:** Complete roster/waiver is due prior to start of first game. Roster will consist of a maximum of 12 players.
- Practices/Games:** Seasons consists of a minimum 15 games including practice/regular season plus playoffs.
- Cancellation Info:** The Recreation Information Line (860-441-6791) is updated at 3:00 p.m. for any cancellations of evening programs. Please use this number when making inquiries about cancellations.
- Facebook: Town of Groton Parks and Recreation
- When schools are closed due to inclement weather, volleyball games are canceled. Canceled games will be made up at the end of the season, if possible.
- Questions:** Keith Westrate, Volleyball Coordinator, Keith Westrate
keithwestrate@sbcglobal.net
Home (860) 536-8619 Call first, Cell (860) 326-4302
- Recreation Office – 536-5680, bmorse@groton-ct.gov
Monday - Friday, 8:30 a.m. - 4:30 p.m.
- Divisions:**
- 5501.1405 “A” Division write-up: This division has a very strong level of play with structured and quick offensive and experienced defensive systems. It is recommended that players be at an advanced level. Hits are hard-driven and most teams will run set plays. This division is predominantly men players but is not restricted to only men.
- 5501.1403 “Co-Ed” Division write-up: This is a power division. USA co-ed rules are used with the exception that teams are only required to have two women on the court at all times, more that two women are allowed. Most of the men in this division have played or are playing in the “A” division. Hits are hard-driven. This is not a division for timid or weak players.
- 5501.1404 Women Division write-up: The women’s division is open to all women of any skill level.
- 5501.1401 “B-1” Division write-up: These teams pass, set, and hit with some authority. These are competitive teams who have consistent setters and players who can hit the ball crisply. The skill level of this division is not necessarily as high as that for “A” division teams, but there are some players in this division that could and have played in the “A” division. This division is open to any eligible player regardless of gender. Teams can be composed of any number of men and/or women. Beginning players will find this division to be difficult.
- 5501.1402 “B-2” Division write-up: For players who have played some organized volleyball, have a general understanding of the rules, can usually bump-set-spike. Teams can be composed of any number of men and/or women. This division is for teams who do not want to play power volleyball, although there are no restrictions on hitting.

Games: Game Times: 6:00 p.m.; 7:00 p.m.; 8:00 p.m.

Game Rules/Policy: USAV rules apply unless noted below:

Policies:

Teams that are unable to field a legal team within 10 minutes of the scheduled start time forfeit one game, and an additional game for every 10 minutes they are late.

Roster additions are allowed up to and including the final match of regular season play.

Matches that are officially cancelled, by the director, will be rescheduled to the end of the current round of play if at all possible. No other missed matches will be officially rescheduled.

Profanity and alcohol use are against the town by-laws for recreational play, please refrain.

Rules for play:

Contact with the net during or immediately following play of the ball is a violation.

Before or during the serve, you may take one step onto the court in the Cutler gym as there is not enough free space to allow for proper serve techniques.

Crossing the line under the net completely is a violation. Any part of the body touching the floor counts for this, but if it is a foot then it is not a violation if at least some part of the foot is still touching the line.

Children under 13 are not allowed to be in attendance unless directly supervised by an adult who is not part of the ongoing match.