Tour de Noank
Certified 5K Road Race

Sponsored by Legs Landscaping

Saturday, June 18, 2011

Cert.# CT10006JHP

Esker Point Beach

900 Groton Long Point Rd, Groton, CT 06340

Starting Times

Kids Fun Run	**9:30 am**
5K Race	**10:00 am**
Registration & check-in table opens:	8:30 am

Registration closes 15 minutes before race

Course map located on grotonrec.com

Registration Fees

Pre-Registration:	**Kids Fun Run - $5** **5K - $15**
Race Day:	**Kids Fun Run - $10** **5K - $25**

Guaranteed T-shirts to first 200 registered 5K runners/walkers.

A portion of the proceeds benefit research to find a cure for Prader-Willi Syndrome.

For more info on Prader-Willi Syndrome: www.pwsausa.org

One Form Per Runner

Please fill out one form per individual or register on-line at : grotonrec.com		Date of Birth	Sex	T-Size	Event	Fee
Runner		**Age:**		Adult Unisex **S M L** **XL XXL**	☐5K ☐ Fun Run	
Address Town, State, Zip				**Additional donation towards Prader-Willi Syndrome Research**		
Phone & Emerg. #				**Total Enclosed**		
E-mail Address:						

PARTICIPATION RELEASE WAIVER

In consideration of my participation or that of my above named child(ren) in activities conducted and/or sponsored by the Town of Groton Parks and Recreation Department, I acknowledge that such activities are potentially hazardous and pose a risk of injuries that can be significant and that I assume such risks. I agree to release, hold harmless and waive any claims that might arise against the Town of Groton Parks and Recreation Department, the Town of Groton, and their officials, representatives, agents and employees on account of any and all injuries and claims of injury to person while participating in and/or traveling to and/or from said activities.

By my signature below, **I agree to the provisions of paragraph above:**.

X _____

Signature: Date:

MEDIA RELEASE WAIVER

I give my permission to the Town to use any photographs, motion pictures, video recordings, sound recordings and/or any other media record of said activities ("media records") in which I and/or said child(ren) appear for any lawful purpose, including, but not limited to future publication; closed circuit, broadcast and/or cablecast transmission; and/or the internet (including, but not limited to, social media sites). Final editing and use of the media record is at discretion of the Town. I waive any right to royalties or other compensation arising or related to the use of the media record(s). I agree to release, hold harmless and waive any claim that might arise against the Town of Groton Parks and Recreation Department, the Town of Groton, and their officials, representatives, agents and employees as a result of and/or by reason of my permission and authorization.

By my signature below, **I agree to the provisions of the paragraph above:**

X _____

Signature: Date:

Make check payable to "Groton Parks and Recreation" return form and payment to:

Groton Parks and Recreation – Attn: Tour de Noank

27 Spicer Avenue, Noank, CT 06340-5659