



Come join the Party! Zumba Gold is designed with the baby Boomer and beginning participant in mind. The simple choreography is designed with the basics in mind, so people of any age can do it! This invigorating Latin-inspired, dance-fitness program includes Merengue, Salsa, Cumbia, Belly Dance, Flamenco & Tango.

Come Party with us! Classes are held Tuesday & Thursday evenings at 5PM. We also offer a class on Wednesday mornings with a new start time of 11:30AM. Class cost is only \$16 per class for an eight week session.

Come join the latest fitness craze! Socialize, have fun, & get in shape at the same time!

- You can no longer sign up for only sign up for only Tuesday and/or Thursday Zumba Gold Evening Classes – Class fees are set based on full participation. You have the option to buy a Drop-In Fee Card.
- Evening Zumba – Drop-In Fee Card - \$20 for 8 classes and \$25 for Non-Residents. You buy the card for the 8 classes and can use the card up whenever you come. The Class Instructor will punch your card.