**Essential Oils 101**
**TUES., MAR. 24, 7 PM**
Amy Major, B.A., M.A. in Health and Wellness in Physical Education, will discuss the health and wellness benefits of essential oils. She will explain how oils are made, how they can be used to either calm or uplift, how to choose quality oils, and how to use them safely.

**Days for Girls Presentation**
**MON., MAR. 30, 7 PM**
Join us for a presentation about Days for Girls International, a nonprofit organization that makes and distributes feminine hygiene kits worldwide for girls and women experiencing "period poverty." Since its beginning in 2008, 1.5 million kits have been distributed in 150 countries. Jean Scialabba, Ledyard resident and team leader for a local chapter, will discuss how the organization is changing lives around the world, right from our corner of southeastern Connecticut. She will show the components of the kit, how they are made, and share how the kits have been changing the lives of so many girls. This program is open to adults and teens.

**Naturopathic Support for Fertility**
**TUES., MAR. 31, 7 PM**
Naturopathic medicine takes a deeper look at the factors influencing your health and affecting your fertility. Learn about optimizing hormonal health, why both male and female fertility assessments are important, and prenatal support for conception. Dr. Kathleen Cannon is a licensed naturopathic physician and certified health coach. Dr. Cannon is passionate about helping people embrace greater health, wellness and quality of life through natural and holistic means.

**Eleventh Annual Local History Fair**
**SAT., MAR. 28, 12-3 PM**
The public is invited to speak with representatives from a variety of historical societies from Groton and surrounding towns to discover what the organizations offer or just to reminisce about the "good old days." Displays featuring maps, photographs, and other items will tell the story of each organization. Local history books and other memorabilia will be available for purchase. Door prizes will be drawn for those who attend, including two Kindle Tablets.
Job Club
MON., 12–2 PM & EVENINGS BY APPOINTMENT
MAR. 9, 16, 23, 30
Ask for advice on everything related to the job search, including job applications, resumes, cover letters, interview skills, and more.

Beginner’s Genealogy Club
THURS., MAR. 19, 3:30 PM
An introduction to the basics of genealogy and family research.

Genealogy Club
THURS., MAR. 26, 3:30 PM
Meet with other people interested in researching their family history, and learn research techniques, databases, websites, and everything related to genealogy. This meeting tends to be for the more advanced researcher.

Looking for Reading Suggestions?
Enjoy a book from one of our many displays! This month’s themes include: Women’s History Month, Female Authors, Memoirs, Irish Reads, and more.
Also, be sure to check out the 2020 POPSUGAR Reading Challenge display area, featuring a rotating selection of staff picks.

GPL Book Group
TUES., MAR. 10, 7 PM
Three Things About Elsie by Joanna Cannon
Eighty-four-year-old Florence has fallen in her flat at Cherry Tree Home for the Elderly. As she waits to be rescued, she thinks about her friend Elsie and wonders if a terrible secret from their past is about to come to light. If the charming new resident is who he claims to be, why does he look exactly like a man who died sixty years ago? Copies of the book are available at the Library.

Medicare: Turning 65
THURS., MAR. 19, 6 PM
Rick Mattson of Morin Associates, LLC will discuss the basic parts of Medicare including Medicare Part A and Part B, Part C Advantage plans, Part D prescription plans and supplemental plan coverage. There will be a question and answer session following the presentation.

Community Conversations with Kevin Booker, Jr.
WED., MAR. 25, 7 PM
“Shades of Women”
This panel discussion will take place among women of various races, ages, and socioeconomic backgrounds. The panelists will shed light on their similarities and differences and share the trials and tribulations they have all encountered. We will also explore the complexities of what it is to be a woman in the 21st century.

Travel Plans? The Library is a Passport Acceptance Facility
If your summer travel plans include foreign travel, the Library provides convenient passport services. Appointments are available by calling (860) 441-6750. Passport appointments can be scheduled Tuesday through Thursday from 10 a.m. to 6 p.m. and Saturday from 9 a.m. to 12 p.m. For full details, including requirements and fees, visit grotonpl.org.

Due to the large volume of applications, passport processing time for routine passports is currently 6-8 weeks, so be sure to book your appointment as soon as possible to avoid travel delays.
Teen of the Month:
Charlie Fitzgerald

Charlie Fitzgerald is a weekly visitor and dedicated student. He spends all of his time in the library studying and working on schoolwork. While studying, he observed an adult patron being aggressive and rude to one of our staff members. Charlie stepped in and defended the staff member while trying to diffuse the situation. Library staff members have always been impressed by Charlie; he is very respectful and never lets the computers or video games distract him from his work. In addition, Charlie’s bravery during this incident further confirmed that he is an upstanding member of our library community. Congratulations, Charlie, and thank you for helping to make the Library an amazing place!

Mark Your Calendars!

Join Us in Teenscape
Grades 6-12

Techy Teens & Savvy Seniors
MON., MAR. 2, 4 PM

Please note: this program meets at the Groton Senior Center. Teen volunteers are invited to this workshop to help seniors with their computers, phones, and devices.

Teen Gaming Club
WED., 4 PM
MAR. 4, 11, 18, 25

Grab a controller or a pair of dice for a fun afternoon of trying out new board games or Xbox One and Wii games.

Queer Lit
THURS., MAR. 12, 6 PM

I'm a Gay Wizard by V.S. Santoni

Join us for a book club that celebrates the LGBTQIA+ community. Take part in the conversation as we read books by and about queer people.
This event is hosted in partnership with OutCT of New London County.

Munchkin Madness
FRI., MAR. 27, 3:30 PM

Learn to play the hit board game, Munchkin, in all its varieties. The goal of the game is to travel down in the dungeon and kill everything you meet. Along the way you get to backstab your friends and steal their stuff. The winner gets the treasure and bragging rights. Think you have what it takes? Join the game!

Teen Volunteer Project: Period Kits
FRI., MAR. 13, 3:30 PM

Teen volunteers are invited to join us for an afternoon of crafting. We will decorate small bags and fill them with menstrual products and chocolate. These period kits will be available at the Library, as well as donated to local schools.

Green Eating for Teens
TUES., MAR. 17, 4 PM

Celebrate St. Patrick’s Day with green eating! Learn how to incorporate new, healthy foods into everyday favorites. Allison Burke, Groton School Nutritionist, and Emma Rotner, Groton Public School’s Farm to School Coordinator, will share some of their favorite recipes for smoothies and other delectable treats.

Mark Your Calendars!

Tie-Dye Day
SAT., APR. 25, 2–4 PM

Get your outfit ready for National Tie-Dye Day by dyeing a pair of socks with bright, fun colors. All supplies will be provided on a first-come, first-served basis. Be sure to wear old clothes because the dye will stain!

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**Babies & Books**  
**MON., 10 AM**  
**MAR. 2, 9, 16, 23, 30**  
In this drop-in program for children ages birth-2 and a caregiver, enjoy nursery rhymes, simple stories, songs, finger plays, and movements. Open playtime will be offered after storytime, giving children a chance to learn social skills and adults time to connect with other caregivers.

**Sing & Stomp**  
**WED., 10 AM**  
**MAR. 4, 11, 18, 25**  
Sing & Stomp is a noisy half hour of songs, dance, and finger plays. Caregivers are encouraged to participate with their child in following directions, exploring rhythm, rhyme, and creative play. Open to all ages.

**Time for Twos**  
**TUES., 10 AM**  
**MAR. 3, 10, 17, 24, 31**  
Two-year-olds and a caregiver are invited to enjoy this storytime designed just for them. Get ready to move with songs, rhymes, dances, and interactive stories, followed by a small craft. Stay after the half-hour program for open playtime.

**Learn & Play Playgroup**  
**THURS., 10 AM**  
**MAR. 5, 12, 19, 26**  
Open to ages 5 and under, playgroup is a great way for children to make new friends while the adults network with each other. Appropriate toys, sensory materials, and other activities will be provided in this comfortable, literacy-rich environment.

**Bedtime Stories**  
**MON., MAR. 2, 6:30 PM**  
Little ones can wear their favorite PJs to the Library for gentle stories and songs that are perfect for winding down. Snuggle buddies welcome!

**GRADS K-5**

**After-School Kids Club**  
**TUES. & THURS., 3:45 PM**  
Stop by the Children’s Activity room for educational activities, including games, crafts, tech, and more. This program is designed for the after-school crowd.  
*This program does not take place on days where there is no school or on half days.*

**Preschool Art on Display**  
The St. Andrew’s Preschool children created art inspired by two authors, Marcus Pfister’s *Rainbow Fish* and Eric Carle’s *The Seahorse.*

**GOSA Kids: Informational Session**  
**SAT., MAR. 7, 10 AM–1 PM**  
Beginning in April, Groton Open Space Association, Inc. is offering a free kid-focused, nature-oriented, outdoor adventure on the first Saturday of each month on one of GOSA’s properties. In this informational session, GOSA will provide hands on activities for children and answer questions about the upcoming program schedule. Open to all ages.
**A Message from the Circle of Friends President**

Dear Friends,

The Groton Public Library Circle of Friends is a group of library volunteers who give back through fundraising and supporting the Library. We recently held a successful book sale, holiday bazaar, and annual appeal. All of our earnings are used to enhance the many activities that serve our community.

Another way we help, and you can too, is by advocating for the Library in the upcoming town budget process. **Town residents can speak before the Groton Town Council on Thursday, March 26, at 7 p.m.**

We need as many supporters as possible to speak about the value of the Groton Public Library in their lives. You can speak about your use of library resources, like computer workshops, children’s programming, book discussion groups, local history and genealogy research, or borrowing free museum passes. How does the Library positively affect your life? What value does this community resource offer to you?

**Be sure to specifically mention Groton Public Library in your speech.**

Thank you for your continuing support! The Circle of Friends appreciates all your help. We hope to see you at the budget hearing on March 26 and at the Library soon.

With every good wish,
Sue Aberbach

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**Membership Drive**

**FRI., MAR. 6, 9:30–11:30 AM**

Stop by the Library and learn about our Circle of Friends group, including who they are and what they do. Children and adults can join on the spot—membership is free. There is no better time to make a difference and help the Library you love.

**Circle of Friends Monthly Meetup**

**SAT., MAR. 21, 9:30 AM**

You already love the Library, so why not become more involved with us? Meet some of our Friends and learn about all of the wonderful things the Circle of Friends do to support our Library. Membership is free!

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**Save the Dates!**

In celebration of the 50th anniversary of Earth Day, the Circle of Friends is sponsoring two workshops featuring experts from Tri Gable Lea Farm in Colchester. On Tuesday, April 21, come and learn about Fermented Foods. On Wednesday, April 22, join us for Beginner Beekeeping.

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**Did You Know?**

The Circle of Friends recently purchased jingle bells, a CD player, and a bubble machine for the children’s librarians to use in their storytimes. The funds raised by the Friends help enhance the programs and services offered to our Library patrons.

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**JUNIOR FRIENDS EVENTS**

**Crafting for a Cause**

**WED., MAR. 4, 5:30 PM**

Make cool crafts using a variety of mediums. There’s just one catch—you can't keep what you make. The crafts are given away to local senior citizens, veterans, homebound individuals, and nursing home residents.

**Library Helper Day**

**TUES., MAR. 31, 3:30 PM**

During this busy hour, the Junior Friends will assist in a variety of projects, including preparing craft and program materials, light cleaning, straightening shelves, and special event preparation.

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**Family Film & Fundraiser**

**SAT., MAR. 21, 2:30 PM**

The Junior Friends present the recently-released film, *Frozen II*. Refreshments will be sold by the Junior Friends, and the proceeds will benefit the Library. Feel free to bring your pillows and blankets. This film is rated PG and runs for approximately 103 minutes.
Space is limited and registration is required.
Register online for computer classes by calling 860-441-6750 or visiting http://tinyurl.com/yat4kj3a.

**Book-a-Tech**
**MON.-WED., 2-4:30 PM**
**BY APPOINTMENT ONLY**
Having trouble setting up an email account, downloading e-books, or using your smart phone or tablet? Book a 20-minute appointment with a Library staff member and receive one-on-one help with technology-related questions.

*Registration is required. Call the Library to reserve your spot. Please note: Staff cannot help you set up a home computer or laptop.*

**Open Tech Center**
The Library has open hours for assistance in our Tech Center on Thursdays from 11 a.m. to 7 p.m.*
No appointment necessary.

*Hours will be 12 to 7 p.m. on March 19 & 26.

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**TECHNOLOGY CLASSES**

**iPhone/iPad for Beginners**
**WED., MAR. 4, 3 PM**
Learn about basic iPhone and iPad features, including how to use apps and browse the internet using Safari. Please bring your own device to class to gain hands-on experience.

**Microsoft Word I**
**TUES., MAR. 10, 3 PM**
Learn the basic skills needed to use this popular word processing program. Discover how to insert, modify, and format text as well as explore preset styles, download templates, and learn helpful keyboard shortcuts.

**Cutting the Cord**
**FRI., MAR. 13, 10:30 AM**
Tired of paying for cable, but don’t know the alternatives? Discover the ins and outs of movie and TV streaming services in this lecture-style class.

**Microsoft Word II**
**TUES., MAR. 17, 3 PM**
Learn how to align text, apply tabs to the ruler, and insert a header or footer. Discover how hyperlinks can be used to link to outside resources or even to a certain section of your document.

**Beginning Computers I**
**THURS., MAR. 19, 10:30 AM**
Learn the various parts of a computer, how to use the mouse and keyboard, and how to navigate the Windows 10 desktop.

**Microsoft Word III**
**TUES., MAR. 24, 3 PM**
This class is designed for those that use Microsoft Word to create mailings and labels. Practice creating a mail merge, designing labels, and more.

**Talking Tech: Apps**
**WED., MAR. 25, 3 PM**
Join us for an hour of talking all about technology. This month we will focus on apps in this free, open session focused on your questions. Registration is not required.

**Beginning Computers II**
**THURS., MAR. 26, 10:30 AM**
Building upon the skills learned in “Beginning Computers I,” learn how to create files and folders as well as when to right-click with the mouse.

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**March 2020 Displays**

**COMMUNITY ROOM**
**Exhibit by Nicole Naylor of Dragonfly Art Studio**

**DISPLAY CASES**
- Women’s History Month
- Local Antique Bottles, courtesy of Dominic Ceotruda

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**Spring into Action with Google's Business Insights Tools**
**WED., MAR. 11, 12-2 PM**
In this virtual event focusing on business insights, we will share how two of Google’s powerful (and free) tools can help businesses make decisions using data. The first is Google Analytics, which is used to gain a deeper understanding of how consumers are engaging with your website. The other, Market Finder, can help businesses identify new markets and customers from around the world. 

Space is limited and registration is required.